EVERYONE CAN PLAY

GUITAR



BY CARLIN MCLELLAN

REGISTERED MUSIC THERAPIST

Contents

1. The Basics
2. The Basics (continued)
3. Guitar tab
4. Songs to start with
5. First chords
6. Three Little Birds
7. Achy Breaky Heart
8. You Are My Sunshine
9. Don't Worry, Be Happy
10. I'm Gonna Be (500 Miles)
11. I'm Yours
12. Lean On Me
13. Riptide
14. All The Small Things
15. New Chords
16. Somewhere Over The Rainbow
17. Can't Help Falling In Love
18. Yellow Submarine
19. Ring of Fire

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The Basics

There are 6 strings on a guitar. The thickest string is at the top.

Each string has a corresponding note:



E - First string
A - Second string
D - Third string
G - Fourth string
B - Fifth string
E - 6th String

Tuning
You'll need to tune your guitar before you start playing. You should tune the guitar every time you play.

The easiest way to do this is to use a mobile App.
I like '*Fender Guitar Tuner*' but there are plenty of others that work just as well.

Search '*Fender Guitar Tuner*' on Google Play or the App Store.

When you first open the app it will ask if you want to sign up for a subscription. Click 'No, I just want to use the App' (down the bottom of the screen).

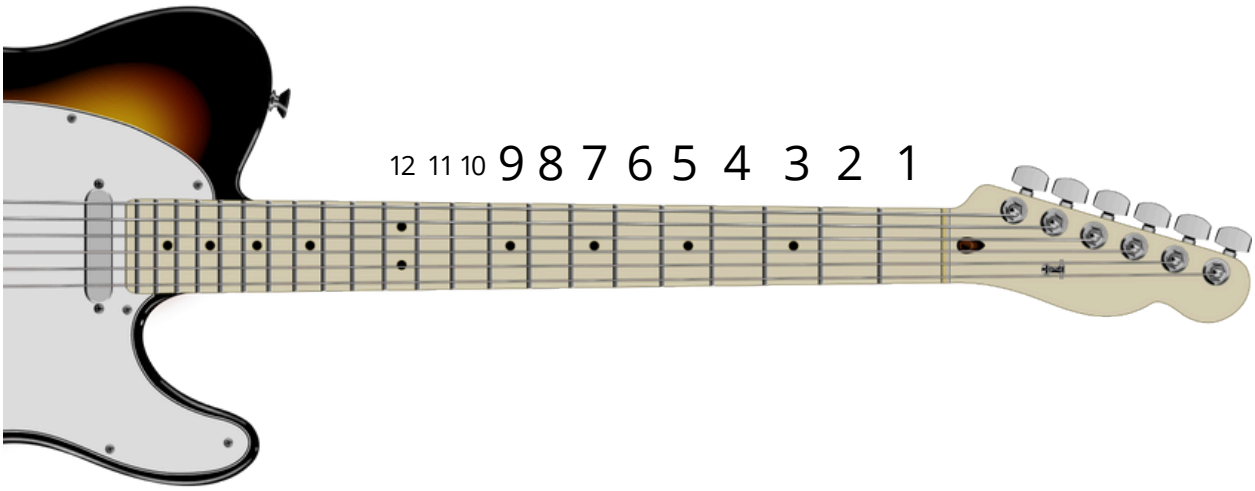
Instructions

- Click Auto Tuner
- Allow access to your phone's microphone
- Play the top string (it should be an E), turning the tuning peg until the circle turns green.
- Repeat this until all the strings are in tune.

Frets

The frets run in vertical line all the way up the neck of the guitar.
Press firmly on the string and if you hear any buzzing move your finger closer to the vertical fret.

Notice that the dots are on the odd numbered frets - 3, 5, 7, 9



Pick (or Plectrum)

Hold the pick between your thumb and index finger.
If you don't have a pick you can strum just using your finger, thumb or hand.



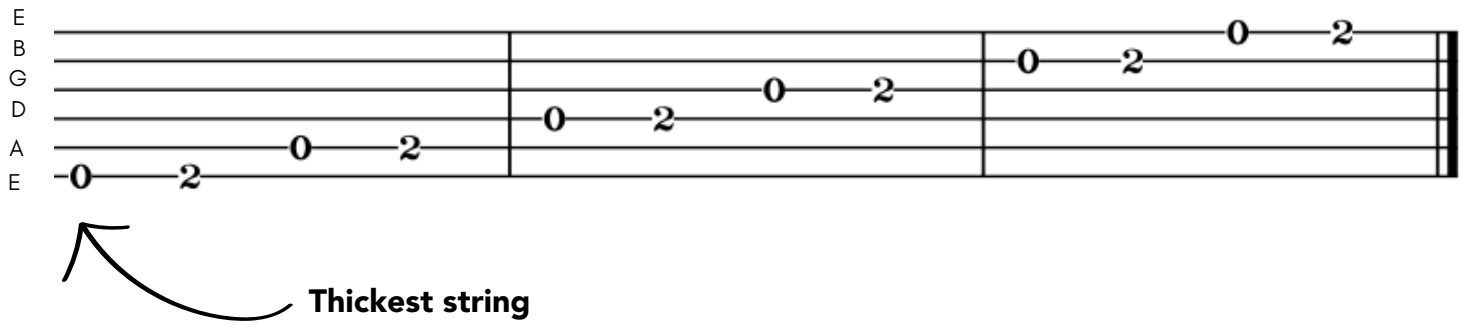
Guitar Tab

First, let's read tab for just one string.
Start with the **E string** (the thickest string, at the top of the guitar)
Play the following. Keep it slow and steady.

E 0 3 5 3

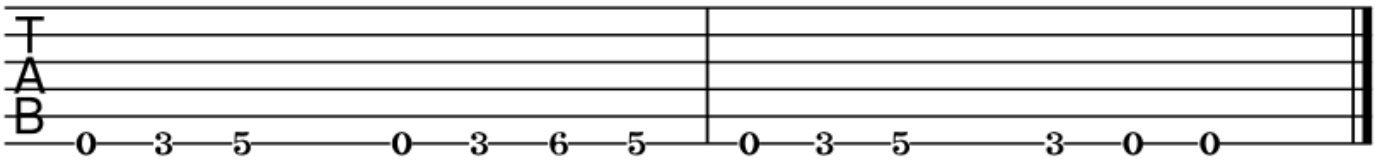
Now play the above riff on each string.

Go ahead and play this tab which uses all six strings on the guitar.

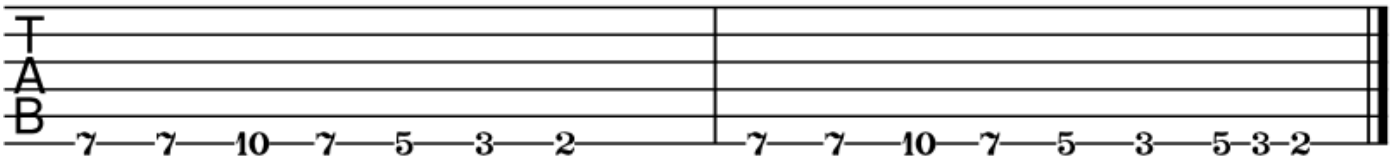


Songs to start with

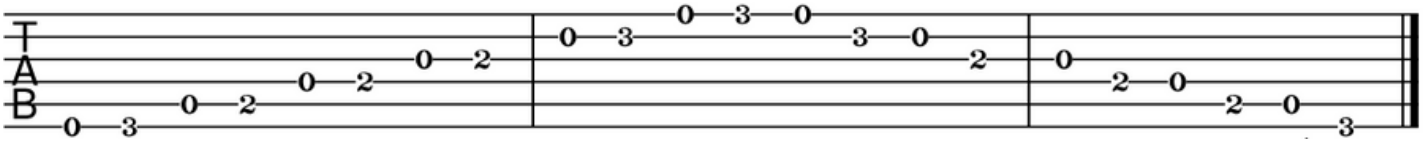
Smoke on the Water



7 Nation Army

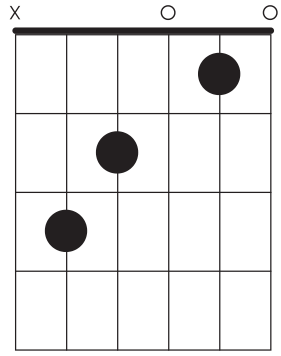


E minor Pentatonic



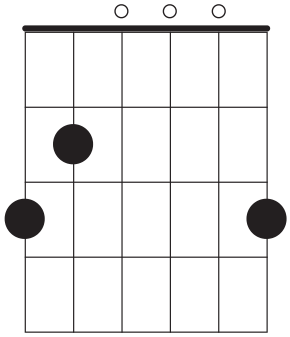
First Chords

C



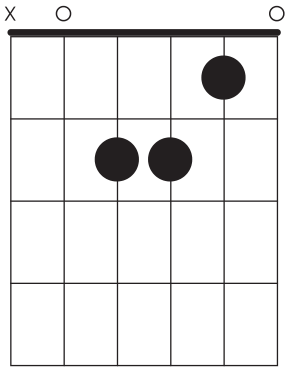


G



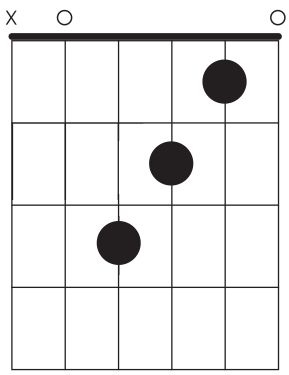


Am





F





Three Little Birds

C
"Don't worry about a thing

F C
'Cause every little thing gonna be alright

C
Singin': "Don't worry about a thing

F C
'Cause every little thing gonna be alright!"

C
Rise up this mornin'

G
Smile with the risin' sun

C F
Three little birds, Pitch by my doorstep

C G
Singin' sweet songs, Of melodies pure and true

F C
Sayin', ("This is my message to you-ou-ou")

Achy Breaky Heart

F
You can tell the world, you never was my girl

C
You can burn my clothes when I am gone

C
Or you can tell your friends, just what a fool I've been

F
And laugh and joke about me on the phone

F
But don't tell my heart, my achy breaky heart

C
I just don't think he'd understand

C
And if you tell my heart, my achy breaky heart

F
He might blow up and kill this man

F
Uuuuuuuu..

You Are My Sunshine

C
The other night dear as I lay sleeping

F C
I dreamed I held you in my arms

F C
When I awoke dear I was mistaken

C G C
So I bowed my head and I cried

C
You are my sunshine, my only sunshine

F C
You make me happy when skies are grey

F C
You'll never know dear, how much I love you

C G C
Please don't take my sunshine away

Don't Worry Be Happy

G
Here's a little song I wrote

Am
You might want to sing it note for note

C G
Don't worry, be happy.

G
In every life we have some trouble

Am
But when you worry you make it double

C G
Don't worry, be happy.

G G
Don't worry, be happy now.

G Am
(Ooh-ooh-ooh-ooh-ooh)

C G
Don't worry, be happy. Don't worry, be happy.

G Am
(Ooh-ooh-ooh-ooh-ooh)

C G
Don't worry, be happy. Don't worry, be happy.

I'm Gonna Be (500 Miles)

C
When I wake up yeah I know I'm gonna be

F G C
I'm gonna be the man who wakes up next to you

C
When I go out yeah I know I'm gonna be

F G C
I'm gonna be the man who goes along with you

C
But I would walk 500 miles

F G
And I would walk 500 more

C F
Just to be the man who walked 1,000 miles

G
To fall down at your door

C
Da da da (da da da) Da da da (da da da)

F G C
Da da da dun diddle un diddle un diddle uh da

C
Da da da (da da da) Da da da (da da da)

F G C
Da da da dun diddle un diddle un diddle uh da

I'm Yours

C
Well, you done done me an' you bet I felt it.

G
I tried to be chill, but you're so hot that I melted.

Am
I fell right through the cracks.

F
Now I'm trying to get back.

C
Before the cool done run out, I'll be giving it my bestest,

G
And nothing's gonna stop me but divine intervention.

Am
I reckon it's again my turn

F
To win some or learn some.

C **G** **Am**
But I won't hesitate no more, no more.

F **C**
It cannot wait, I'm yours.

G
Mm-mm, mm-mm, hmm-mm...

Am **F**
Hey, hey-ey, hey, hey, hey...

Lean On Me

C F
Sometimes in our lives

C
We all have pain

Em G
We all have sorrow

C F
But if we are wise

C G C
We know that there's always tomorrow

C F
Lean on me, when you're not strong

C
And I'll be your friend

Em G
I'll help you carry on

C F
For it won't be long

C
'Til I'm gonna need

G C
Somebody to lean on

Riptide

Am G C
I was scared of dentists and the dark

Am G C
I was scared of pretty girls and starting conversations

Am G C
Oh, all my friends are turning green

Am G C
You're the magician's assistant in their dreams

Am G C
Ooh, ooh, ooh

Am G C
Ooh, ooh, and they come unstuck

Am G C
Lady, running down to the riptide, taken away

Am G C
To the dark side, I wanna be your left hand man

Am G C
I love you when you're singing that song, and I got a lump

Am G C
In my throat, 'cause you're gonna sing the words wrong

All The Small Things

C G F G C
All the small things true care, truth brings

G F G C
I'll take one lift your ride best trip

G F G C
Always I know you'll be at my show

G F G
Watching, waiting commiserating

C G
Say it ain't so, I will not go

F C
Turn the lights off, carry me home

C
Nana nana nana nana na na

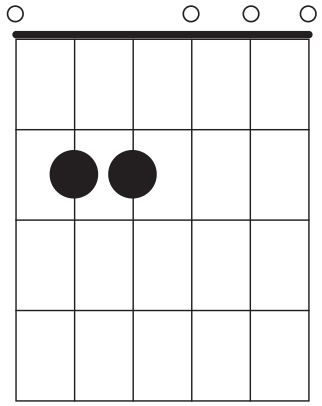
G F
Nana nana nana nana na na

C
Nana nana nana nana na na

G F
Nana nana nana nana na na

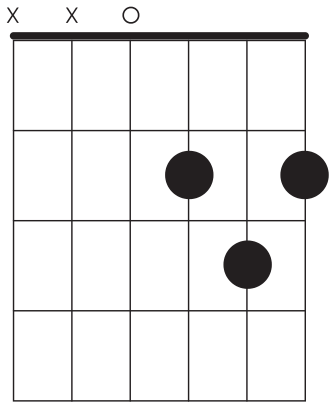
New Chords

Em





D





Somewhere Over The Rainbow

C Em F C
Somewhere over the rainbow, way up high

F C G Am F
There's a land that you've heard of once in a lullaby

C Em F C
Somewhere over the rainbow, bluebirds fly

F C G Am F
And the dreams that you dream of, dreams relly do come true

C
Someday I'll wish upon a star

G Am F
And wake up where the clouds are far behind me

C
Where troubles melt like lemon drops

G Am F
High above the chimney tops, that's where you'll find me

C Em F C
Somewhere over the rainbow, bluebirds fly

F C G Am F
And the dreams that you dream of, dreams really do come true

Can't Help Falling In Love

C Em Am F C G
Wise men say, only fools rush in

F G Am F C G C
But I can't help falling in love with you

C Em Am F C G
Shall I stay, would it be a sin?

F G Am F C G C
If I can't help falling in love with you

C Em Am F C G
Take my hand, take my whole life too

F G Am F C G C
For I can't help falling in love with you

F G Am F C G C
For I can't help falling in love with you

Yellow Submarine

D **G**
In the town where I was born

Em **D**
Lived a man who sailed to sea

D **G**
And he told us of his life

Em **D**
In the land of submarines

G **D**
We all live in a yellow submarine

D **G**
Yellow submarine, yellow submarine

G **D**
We all live in a yellow submarine

D **G**
Yellow submarine, yellow submarine

Ring Of Fire

G C G C G
Love Is A Burning Thing

D G D G
And It Makes A Fiery Ring

C G C G
Bound By Wild Desire

D G
I Fell Into A Ring Of Fire

D C G
I Fell Into A Burning Ring Of Fire

D
I Went Down, Down, Down

C G
And The Flames Went Higher

And It Burns, Burns, Burns

D G
The Ring Of Fire

D G
The Ring Of Fire